

ONE TOURNAMENT

2025 EVENTS BROCHURE
BOYS & GIRLS & ADULTS



**THE NUMBER ONE FOOTBALL
TOURNAMENT PROVIDER IN THE UK**

"ONE DAY - ONE TOURNAMENT - ONE EXPERIENCE"

WELCOME TO ONE TOURNAMENT!

One Tournament offers high-quality, accessible competitions to players and coaches who want a one-off sporting experience that they can look forward to and to look back on with fond memories in the years to come and 2025 looks set to be another great year.

Since we launched One Tournament back in 2016 we have seen over 80, 000 players attend our events, with players aged 5 to 76 clocking up minutes with us. 70% of teams that attend our tournaments have attended more than once.



Every one of our team is a football coach, referee who has run a grassroots football team or played the game so we know how to make a special day for everyone attending.



WHAT YOU CAN EXPECT:



Professional
organisation



Quality coach and
spectator conduct



FA Sanctioned



Memories to be
made

2025 EVENT PROGRAMME

This year we will be running 4 types of tournaments for girls and boys aged U7 to U18 from 3v3 to 11v11 with the addition of some new adult age groups, open to all.

THE ONE TOURNAMENT NATIONALS

A regional grassroots competition for U7 to U16 boys and U9 to U12 girls teams. Join over 600 clubs and teams from different regional heats hoping to progress to the National Grand Finals.

THE ONE TOUR

Take your game to an international stage, combining the thrill of competitive football with the adventure of travelling to incredible destinations. Whether you're looking to bond with your team or take on fresh challenges, The One Tour offers unforgettable experiences, from stunning pitches to exciting off-field activities.

SUPER SMALL SIDED

New for 2025 are the Super small sided tournaments, Super Small Sided are perfect for players looking for a more dynamic, fast-paced version of the game whilst sharpening their technical skills and teamwork. This is for U5 age groups up to adults and in a 1v1, 2v2 and 3v3 format.

THE BIG ONE 11V11

The Big One is our U12-to Adults Vets 50+ 11v11 One Day National Football Tournament. It stands as a beacon of excitement and competition for 11v11 football teams across the UK and beyond. This year also sees the addition of older boys and girls and adult age groups. As the premier one-day event in 2025 involving over 300 teams this tournament promises an unforgettable experience for players, coaches, and spectators alike, played on great pitches with 4 officials on each pitch get your team booked in for July

ONE TOURNAMENT NATIONALS

The popular One Tournament Nationals for boys and girls will be taking place at 5 fantastic football venues that will accommodate teams from all over the UK. Each venue is within a 2-hour drive of 80% of the country, making sure that the majority of teams can get to and from the tournament on the same day.



ONE TOURNAMENT NATIONALS VENUES:

- Warwick University, Nr Coventry - Midlands
- Elmbridge Xcel - Surrey/London
- Sheffield Hallam University Sports Park -North
- Stoneham Lane - Southampton - South



The One Tournament Nationals gives like minded teams the opportunity to test themselves against teams from across the UK with the chance to take their place at the National Finals in June where one team from each age group will be crowned One Tournament 2025 National Champions.



ONE TOURNAMENT NATIONALS 2025 EVENTS PROGRAMME

To book your space at the National Heats visit the website [here](#)



TOURNAMENT	VENUE	AGE	FORMAT	GENDER	DAY	DATES	KO	COST
NATIONALS - LONDON	ELMBRIDGE XCEL - LONDON	U7	5V5	BOYS	SATURDAY	14TH JUNE	10.00	89.99
NATIONALS - LONDON	ELMBRIDGE XCEL - LONDON	U8	5V5	BOYS	SATURDAY	14TH JUNE	14.30	89.99
NATIONALS - LONDON	ELMBRIDGE XCEL - LONDON	U9	7V7	BOYS	SUNDAY	15TH JUNE	10.00	174.99
NATIONALS - LONDON	ELMBRIDGE XCEL - LONDON	U10	7V7	BOYS	SUNDAY	15TH JUNE	14.30	174.99
NATIONALS - LONDON	ELMBRIDGE XCEL - LONDON	U11	9V9	BOYS	SATURDAY	14TH JUNE	10.00	199
NATIONALS - LONDON	ELMBRIDGE XCEL - LONDON	U12	9V9	BOYS	SATURDAY	14TH JUNE	14.30	199
NATIONALS - LONDON	ELMBRIDGE XCEL - LONDON	U13	11V11	BOYS	SATURDAY	14TH JUNE	10.00	264.99
NATIONALS - LONDON	ELMBRIDGE XCEL - LONDON	U14	11V11	BOYS	SATURDAY	14TH JUNE	14.30	264.99
NATIONALS - LONDON	ELMBRIDGE XCEL - LONDON	U15	11V11	BOYS	SUNDAY	15TH JUNE	10.00	264.99
NATIONALS - LONDON	ELMBRIDGE XCEL - LONDON	U16	11V11	BOYS	SUNDAY	15TH JUNE	14.30	264.99

ONE TOURNAMENT NATIONALS EVENTS PROGRAMME

SOUTH HEAT BOYS

TOURNAMENT	VENUE	AGE	FORMAT	GENDER	DAY	DATES	KO	COST
NATIONALS - SOUTH	STONEHAM LANE - SOUTHAMPTON	U7	5V5	BOYS	SATURDAY	21ST JUNE	10.00	89.99
NATIONALS - SOUTH	STONEHAM LANE - SOUTHAMPTON	U8	5V5	BOYS	SATURDAY	21ST JUNE	14.30	89.99
NATIONALS - SOUTH	STONEHAM LANE - SOUTHAMPTON	U9	7V7	BOYS	SATURDAY	21ST JUNE	10.00	174.99
NATIONALS - SOUTH	STONEHAM LANE - SOUTHAMPTON	U10	7V7	BOYS	SATURDAY	21ST JUNE	14.30	174.99
NATIONALS - SOUTH	STONEHAM LANE - SOUTHAMPTON	U11	9V9	BOYS	SATURDAY	21ST JUNE	10.00	199
NATIONALS - SOUTH	STONEHAM LANE - SOUTHAMPTON	U12	9V9	BOYS	SATURDAY	21ST JUNE	14.30	199
NATIONALS - SOUTH	STONEHAM LANE - SOUTHAMPTON	U13	11V11	BOYS	SUNDAY	22ND JUNE	10.00	264.99
NATIONALS - SOUTH	STONEHAM LANE - SOUTHAMPTON	U14	11V11	BOYS	SUNDAY	22ND JUNE	14.00	264.99
NATIONALS - SOUTH	STONEHAM LANE - SOUTHAMPTON	U15	11V11	BOYS	SUNDAY	22ND JUNE	10.00	264.99
NATIONALS - SOUTH	STONEHAM LANE - SOUTHAMPTON	U16	11V11	BOYS	SUNDAY	22ND JUNE	14.00	264.99

TOURNAMENT	VENUE	AGE	FORMAT	GENDER	DAY	DATES	KO	COST
NATIONALS - MIDLANDS	WARWICK UNIVERSITY	U7	5V5	BOYS	SATURDAY	7TH JUNE	10.00	89.99
NATIONALS - MIDLANDS	WARWICK UNIVERSITY	U8	5V5	BOYS	SATURDAY	7TH JUNE	14.30	89.99
NATIONALS - MIDLANDS	WARWICK UNIVERSITY	U9	7V7	BOYS	SATURDAY	7TH JUNE	10.00	174.99
NATIONALS - MIDLANDS	WARWICK UNIVERSITY	U10	7V7	BOYS	SATURDAY	7TH JUNE	14.30	174.99
NATIONALS - MIDLANDS	WARWICK UNIVERSITY	U11	9V9	BOYS	SATURDAY	7TH JUNE	10.00	199
NATIONALS - MIDLANDS	WARWICK UNIVERSITY	U12	9V9	BOYS	SATURDAY	7TH JUNE	14.30	199
NATIONALS - MIDLANDS	WARWICK UNIVERSITY	U13	11V11	BOYS	SUNDAY	8TH JUNE	10.00	264.99
NATIONALS - MIDLANDS	WARWICK UNIVERSITY	U14	11V11	BOYS	SUNDAY	8TH JUNE	14.00	264.99
NATIONALS - MIDLANDS	WARWICK UNIVERSITY	U15	11V11	BOYS	SUNDAY	8TH JUNE	10.00	264.99
NATIONALS - MIDLANDS	WARWICK UNIVERSITY	U16	11V11	BOYS	SUNDAY	8TH JUNE	14.00	264.99

TOURNAMENT	VENUE	AGE	FORMAT	GENDER	DAY	DATES	KO	COST
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U7	5V5	BOYS	SATURDAY	31ST MAY	10.00	89.99
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U8	5V5	BOYS	SATURDAY	31ST MAY	14.30	89.99
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U9	7V7	BOYS	SATURDAY	31ST MAY	10.00	174.99
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U10	7V7	BOYS	SATURDAY	31ST MAY	14.30	174.99
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U11	9V9	BOYS	SATURDAY	31ST MAY	10.00	199
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U12	9V9	BOYS	SATURDAY	31ST MAY	14.30	199
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U13	11V11	BOYS	SUNDAY	1ST JUNE	10.00	264.99
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U14	11V11	BOYS	SUNDAY	1ST JUNE	14.00	264.99
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U15	11V11	BOYS	SUNDAY	1ST JUNE	10.00	264.99
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U16	11V11	BOYS	SUNDAY	1ST JUNE	14.00	264.99

ONE TOURNAMENT NATIONALS EVENTS PROGRAMME

LONDON HEAT GIRLS

TOURNAMENT	VENUE	AGE	FORMAT	GENDER	DAY	DATES	KO	COST
NATIONALS - LONDON	ELMBRIDGE XCEL LONDON	U9	7V7	GIRLS	SUNDAY	15TH JUNE	14.30	164.99
NATIONALS - LONDON	ELMBRIDGE XCEL LONDON	U10	7V7	GIRLS	SUNDAY	15TH JUNE	14.30	164.99
NATIONALS - LONDON	ELMBRIDGE XCEL LONDON	U11	9V9	GIRLS	SUNDAY	15TH JUNE	10.00	189.00
NATIONALS - LONDON	ELMBRIDGE XCEL LONDON	U12	9V9	GIRLS	SUNDAY	15TH JUNE	10.00	189.00

ONE TOURNAMENT NATIONALS EVENTS PROGRAMME

MIDLANDS HEAT GIRLS

TOURNAMENT	VENUE	AGE	FORMAT	GENDER	DAY	DATE	TIME	COST
NATIONALS-MIDLANDS	WARWICK UNIVERSITY	U9	7V7	GIRLS	SATURDAY	7TH JUNE	10.00	164.99
NATIONALS-MIDLANDS	WARWICK UNIVERSITY	U10	7V7	GIRLS	SATURDAY	7TH JUNE	14.30	164.99
NATIONALS - MIDLANDS	WARWICK UNIVERSITY	U11	9V9	GIRLS	SATURDAY	7TH JUNE	10.00	189.00
NATIONALS - MIDLANDS	WARWICK UNIVERSITY	U12	9V9	GIRLS	SATURDAY	7TH JUNE	14.30	189.00

ONE TOURNAMENT NATIONALS EVENTS PROGRAMME

SOUTH HEAT GIRLS

TOURNAMENT	VENUE	AGE	FORMAT	GENDER	DAY	DATE	TIME	COST
NATIONALS-SOUTH	STONEHAM LANE	U9	7V7	GIRLS	SATURDAY	21ST JUNE	10.00	164.99
NATIONALS-SOUTH	STONEHAM LANE	U10	7V7	GIRLS	SATURDAY	21ST JUNE	14.30	164.99
NATIONALS-SOUTH	STONEHAM LANE	U11	9V9	GIRLS	SATURDAY	21ST JUNE	10.00	189.00
NATIONALS-SOUTH	STONEHAM LANE	U12	9V9	GIRLS	SATURDAY	21ST JUNE	14.30	189.00

ONE TOURNAMENT NATIONALS EVENTS PROGRAMME

NORTH HEAT GIRLS

TOURNAMENT	VENUE	AGE	FORMAT	GENDER	DAY	DATE	TIME	COST
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U9	7V7	GIRLS	SATURDAY	31ST MAY	10.00	164.99
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U10	7V7	GIRLS	SATURDAY	31ST MAY	14.30	164.99
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U11	9V9	GIRLS	SATURDAY	31ST MAY	10.00	189.00
NATIONALS - NORTH	SHEFFIELD HALLAM UNI	U12	9V9	GIRLS	SATURDAY	31ST MAY	14.30	189.00

ONE TOURNAMENT NATIONALS - U7 TO U16

USEFUL INFO

- ▶ Each venue is within a 2-hour drive from 80% of grassroots football clubs across the county making sure teams from across the UK have the opportunity to compete at this prestigious tournament with the opportunity to win a FREE place at the National Finals in July.
- ▶ Tournaments last between 4 and 5 hours with all fixtures and knock out stages being played on the same day
- ▶ This year we will be running tournaments in the following age 24/25 age categories – Boys U7 to U16 and girls U9 to U12 in the One Tournament National Regional Qualifiers
- ▶ All players attending will receive a bespoke One Tournament participation medal with the winners of all tournaments receiving individual winners trophies.
- ▶ 10 different Premier League clubs sent scouts to attend our events in 2024
- ▶ The finalist of each regional heat will progress to the national final, except for 11v11 category which is the winner of each region will progress to the national final.
- ▶ All teams must be affiliated to their County Football Association and have a valid FA affiliation number, or registered Girls Wildcat centre.
- ▶ Players that have signed and played with a boys FA Premier League, or Football League Academy U9 and above , or Girls U12 and above in the 24/25 season are not permitted to play in One Tournament Nationals, they can join our other tournaments.
- ▶ Our Tournament ensure that there is very little time waiting around between matches and all teams are guaranteed a minimum of 60 minutes of match time at all of our events
- ▶ For more information about the One Tournament Nationals please visit www.onetournament.uk/about where you will be able to check out our FAQ's

THINKING OF MAKING A WEEKEND OF IT?

For our UK-based tournaments, we can turn your tournament into a weekend getaway for your team. Our team package includes ; budget friendly hotel options, a free space for your coach when booking 10 or more rooms, a friendly with a local team, a training session, bookings to local attractions , Stadium tours , the possibilities are endless,! We can create a winning package to suit you. We're here to help make your tournament experience unforgettable!

SOME OF THE ATTRACTIONS CLOSE TO OUR TOURNAMENTS - LET US BUILD YOUR TOUR



WARWICK

- Alton Towers
- Drayton Manor Park
- Tamworth SnowDome
- Ninja Warrior Stoke on Trent
- Waterworld, Staffordshire
- Warwick Adventure Sports



LONDON

- Thorpe Park
- Chessington World Of Adventure
- Wembley Stadium Tour
- Legoland
- Premier League Matches



SOUTHAMPTON

- Paultons Park (Pepper Pig)
- New Forest Water Park
- Marwell Zoo
- Ninja Warrior Southampton



SHEFFIELD

- The National Video Game Museum
- Gullivers Valley Theme Park
- National Emergency Service Museum
- Rivelin Valley Nature Trail

ONE TOURNAMENT NATIONAL GRAND FINAL



THE BIG ONE 11 V 11 TOURNAMENT



**WARWICK UNIVERSITY &
STONEHAM LANE, SOUTHAMPTON**



12TH & 13TH JULY

Expectations run high as over 300 teams from across the UK and beyond gear up for The Big One' the ultimate grassroots showdown. 2025 is set to be bigger and better than ever with the addition of older boys and girls age groups and adult age groups.



With up to 20 teams in each tournament, teams kick off in groups of 4, playing three intense 20-22-minute matches. The top two teams from each group advance to the Champions Category 1 Super Cup.



Teams finishing 3rd or 4th in their group advance into the One Tournament Shield competition. This ensures plenty of game time for every participant, making the tournament inclusive and exhilarating.

To book your spot visit the website [HERE](#)



THE BIG ONE 11 V 11 - BOYS

TOURNAMENT	VENUE	AGE	GENDER	DATES	KO	COST
THE ONE 11V11	STONEHAM LANE, SOUTHAMPTON	U12	BOYS	12TH JULY	10.00	264.99
THE ONE 11V11	STONEHAM LANE, SOUTHAMPTON	U13	BOYS	13TH JULY	10:00	264.99
THE ONE 11V11	WARWICK UNIVERSITY	U14	BOYS	13TH JULY	10.00	264.99
THE ONE 11V11	WARWICK UNIVERSITY	U15	BOYS	13TH JULY	10.00	264.99
THE ONE 11V11	WARWICK UNIVERSITY	U16	BOYS	12TH JULY	10.00	264.99
THE ONE 11V11	WARWICK UNIVERSITY	U18	BOYS	12TH JULY	10:00	264.99



THE BIG ONE 11 V 11 - GIRLS

TOURNAMENT	VENUE	AGE	GENDER	DATES	KO	COST
THE ONE 11V11	STONEHAM LANE, SOUTHAMPTON	U12	GIRLS	12TH JULY	14:30	264.99
THE ONE 11V11	STONEHAM LANE, SOUTHAMPTON	U13	GIRLS	13TH JULY	10:00	264.99
THE ONE 11V11	WARWICK UNIVERSITY	U14	GIRLS	12TH JULY	14.30	264.99
THE ONE 11V11	WARWICK UNIVERSITY	U15	GIRLS	12TH JULY	14:30	264.99
THE ONE 11V11	WARWICK UNIVERSITY	U16	GIRLS	12TH JULY	10.00	264.99
THE ONE 11V11	WARWICK UNIVERSITY	U18	GIRLS	12TH JULY	10:00	264.99



THE BIG ONE 11V11 - FOOTBALL REUNION

TOURNAMENT	VENUE	AGE	GENDER	DATES	KO	COST
SUPER VETS OVER 50'S	WARWICK UNIVERSITY	50+	MALE	13TH JULY	14:30	264.99
VETS OVER 35'S	WARWICK UNIVERSITTY	35+	MALE	13TH JULY	14:30	264.99
OPEN AGE GROUP	WARWICK UNIVERSITY	OPEN	MALE	13TH JULY	14.30	264.99



THE ONE SUPER SMALL SIDED



**DORSET, HAMPSHIRE,
WEST SUSSEX, EAST
SUSSEX, SURREY, LONDON**



**Visit the website [HERE](#) to
view dates**



Small Sides, Big Skills !

New for 2025; our exciting Super small-sided tournaments ! Your team can enter 3v3, 2v2 and 1v1 tournaments in locations across the South Coast Of England and London. Age groups are for boys U5 and upwards For details and to book your space, head over to the website



HOW TO BOOK

TO MAKE A BOOKING YOU WILL:

- 1** Need to visit our website www.onetournament.uk where all of the tournaments will be listed.
- 2** Use our filter to sort by age group, tournament venue or gender, then click on the tournament you want
- 3** Scroll down to click on the book now button at the bottom of the page and follow the instructions on the booking page.
- 3** Teams wanting to book accommodation or packages for this tournament can do so on the tours booking page



WHAT HAPPENS AFTER I BOOK ?

TOURNAMENT

- 1 Receive 'Getting Ready' link in booking email
- 2 8 weeks before tournament submit team and player details on getting ready page
- 3 1-2 week before tournament receive your on the day info
- 4 24-48 hours before the tournament log on to the website and look up your fixtures

TOURS UK/ABROAD

- 1 Receive a booking confirmation email with the order number and 'REQUIREMENTS' link, fill in requirements form.
- 2 You now have 14 days to collect 1st installment payment
- 3 Make 1st payment and set up installment plan on tour booking page
- 4 8 weeks before tournament receive tournament reminder to submit team and player details
- 5 2 week before tournament receive your on the day info
- 6 24-48 hours before the tournament log on to the about section on the website and look up your fixtures

THE ONE TOUR- DENMARK



BILLUND -DENMARK



28TH-31ST AUGUST 2025



Are you ready to take your game to the next level and explore the world at the same time? We have put together some exciting packages for your team in some of the best footballing destinations. First up , Denmark !

- 3V3 Tournament (max squad size 4)
- Staying at Lalandia in Billund - self-catering + Free Activity/Aquadome
- 3-7 day packages available
- Lots of free activities for kids U16 and adults
- Cup , plate/shield competition
- Open to all levels including academy players (play up a year)



THE ONE TOUR- MARBELLA



MARBELLA, SPAIN



24TH-27TH MAY 2025



Picturesque Benalmadena is our second destination. Set against the stunning backdrop of Spain's sun-soaked Costa del Sol, this tournament combines high-energy competition with a perfect Mediterranean escape.

- Age group - U12 Boys - 9v9 & U13-U16 Boys -11V11 age groups
- Matches played at the PCF Football Centre
- Staying 3* Full Board Hotel
- 4 or 5 day packages available
- Transfers included
- Winners trophies plus medals for all teams
- Open to grassroots level teams across the world



PHOTOS AND FILMING

We love to capture the day at all of our events and this is why we get professional photographers along to take photos on the day. Our professional photography team is on hand to capture the day, taking team photos, individual action shots, and more importantly that shot of teams lifting the cup when they are celebrating their well-earned victory.

We also try to film matches live on the day (technology and weather prevailing) that can be viewed on our social media channels or on-demand channels for teams that want to relive the special moments in the game and watch it back in years to come.



TESTIMONIALS



Doncaster Belles FC · [Follow](#)

Outstanding day, our U 15's loved it, top teams, super venue and we're looking forward to the Finals 🙌

Fantastic day , well run , great facilities well done 🙌

After an incredible weekend with the ATFC Pumas this weekend, we would just like to say what a great platform for the girls to showcase their worth.

'One tournament' thank you for a wonderful weekend of memory making for our girls. A weekend they will remember for a lifetime and one they can hold their heads high after being crowned champions 🏆🥳

cafc_u11whites Wow!!! What a day!

[@cafc_u10whites](#) are u10 regional champions. Off to the Nationals in July! We had a great day playing some tough competition. We didn't win without a fight! Thank you [@one_tournament](#) for an amazing day! [@cafc_therobins](#) [@leroydonald7](#) #football #u10 #grassrootsfootball #teamwork #coaching #champion

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**MOST OF THE BOYS HAVE SAID IT WAS THE BEST
WEEKEND OF THE LIVES**

**DAVE BEESTON,
SHOTTON COLTS U9 MANAGER**

THE UNDERDOGS - 2021 U9 ONE TOURNAMENT NATIONAL CHAMPIONS

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CAN I HAVE MORE INFORMATION?

If you still have any questions or require any further information about our tournaments, please visit www.onetournament.uk and go to the about section and check out our FAQ's page

To request further information, scan the QR code below and fill out the interest form and we will be in touch !



CONTACT US

✉ INFO@ONETOURNAMENT.ORG

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SOCIAL MEDIA

 FACEBOOK

 INSTAGRAM

 TWITTER